

Taking DUKORAL[®] before your trip

DUKORAL[®]

To help prevent diarrhea caused by LT-producing enterotoxigenic *E. coli*



Store in refrigerator – DO NOT FREEZE

☐ IF YOU ARE TAKING DUKORAL[®] FOR THE FIRST TIME:



FIRST DOSE

at least 2 weeks
before your departure



SECOND DOSE

at least 1 week **after** the
first dose and at least 1 week
before your departure



TRIP

Protection starts 1 week
after the 2nd dose and lasts for
about 3 months

Date: _____

Date: _____

☐ IF YOU HAVE TAKEN DUKORAL[®] BEFORE AND ARE TRAVELLING AGAIN:

- If it has been less than 5 years, a single dose taken 1 week before your trip renews your protection for 3 months
- If it has been more than 5 years, 2 doses are needed again

WHAT YOU NEED:



Spoon



Glass of water
(5 oz/150 mL)

Contents of box



White sachet
of powder



Glass vial
of vaccine

STORAGE AND STABILITY



**STORE IN THE
REFRIGERATOR at 2°C to 8°C**
(35°F to 46°F)

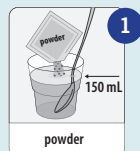
DO NOT FREEZE

Do not use after expiry date.
DIN 02247208

HOW TO PREPARE DUKORAL[®]

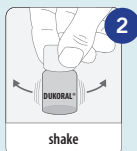


Do not eat, drink any other liquids (including water) or take any other medication 1 hour before and 1 hour after taking DUKORAL[®]

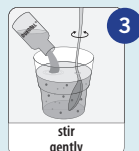


Open the white sachet of powder and pour into 5 oz. (150ml) of cool water. Stir gently with spoon to dissolve. Do not use any other liquid.

For kids aged 2–6, pour away half of the powder/water mixture before Step 2.



Shake the glass vial of vaccine to mix it well.



Open the glass vial from Step 2 and pour the vaccine into the glass containing the powder/water mixture from Step 1. Stir gently with spoon to mix all ingredients.



Drink the entire contents of the glass immediately.

Do not eat or drink anything, including water, for 1 hour after taking DUKORAL[®].

For a video demonstration and additional information,
please visit DukoralCanada.com



Taking DUKORAL[®] before your trip

To help prevent cholera

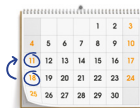
Store in refrigerator – DO NOT FREEZE

☐ ADULT OR CHILD 6 YEARS OR OLDER TAKING DUKORAL[®] FOR THE FIRST TIME:



FIRST DOSE

at least 2 weeks
before your departure



SECOND DOSE

at least 1 week **after the**
first dose and at least 1 week
before your departure



TRIP

Protection starts 1 week
after the 2nd dose and lasts for
about 2 years

Date: _____

Date: _____

☐ CHILD BETWEEN 2 AND 6 YEARS OLD TAKING DUKORAL[®] FOR THE FIRST TIME:

FIRST DOSE at least 3 weeks before your departure

SECOND DOSE at least 1 week after the first dose

THIRD DOSE at least 1 week after the second dose and at least 1 week before your departure

TRIP protection starts 1 week after the 3rd dose and lasts for **about 6 months**

☐ ADULT OR CHILD 6 YEARS OR OLDER WHO HAS TAKEN DUKORAL[®] BEFORE AND IS TRAVELLING AGAIN:

- If it has been between 2 and 5 years, a single dose taken 1 week before your trip renews your protection for 2 years
- If it has been more than 5 years, 2 doses are needed again

☐ CHILD BETWEEN 2 AND 6 YEARS OLD WHO HAS TAKEN DUKORAL[®] BEFORE AND IS TRAVELLING AGAIN:

- If it has been between 6 months and 5 years, a single dose taken 1 week before your trip renews your protection for 6 months
- If it has been more than 5 years, 3 doses are needed again

Please see other side for instructions on how to prepare DUKORAL[®].
For a video demonstration and additional information,
please visit DukoralCanada.com.



DUKORAL[®] is an oral vaccine that is used to help prevent diarrhea caused by enterotoxigenic *E. coli* (or ETEC) producing a heat-sensitive toxin (called LT) and/or cholera. Not everyone who gets vaccinated will be fully protected. DUKORAL[®] will not prevent diarrhea caused by other organisms. Therefore, precautions to avoid contaminated food or water should be taken. Allergic reactions and side effects such as abdominal pain, diarrhea, fever, nausea and vomiting may occur.